

GOVERNMENT OF MAURITIUS

MINISTRY OF EDUCATION, TERTIARY EDUCATION, SCIENCE AND TECHNOLOGY

CIRCULAR LETTER NO. 34/2021

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05 July 2021

From: Senior Chief Executive, Ministry of Education, Tertiary Education, Science and Technology

To: Director Zone 1 – 4 , Director PSEA, Director SeDEC

**Subject: Resumption of Studies – Academic Year 2021-2022
Physical Education**

As you are aware Primary and Secondary Schools will resume on 05 July 2021 with the physical presence of students.

2. In view thereof the following guidelines have been prepared highlighting the sanitary protocol to be observed during Physical Education classes.

3. Heads of Schools should ensure the following:

i) Normal Physical Education Class:

- Masks **should not be worn** during moderate to vigorous intensity physical activities.
- Physical distancing should be maintained.
- Hand washing before and after PE lessons.
- No sharing of personal belongings. Students should bring their own towels and water bottles.
- Students should perform free-hand exercises (for e.g. jumping on spot, various stretching exercises, push-ups and sit ups, aerobic dance, circuit training) and minor games in open spaces only.
- Team Sports in open air is allowed.
- In the event that any pupil or student displays fever or respiratory symptoms, he/she should stop exercise, be sent to the isolation room without delay for further referral.

ii) Physical Education as an option for SC/HSC students:

- Sports equipment used should be cleaned with a cloth and liquid soap after each use.
- Students should be encouraged to bring their own personal equipment (Badminton Rackets/Table Tennis).

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- Practice and assessment during Cross-Country/Athletics activities should be staggered.

iii) **Sports Day and activities associated with Mauritius Secondary Schools Sports Association (MSSSA) should not be organised until further notice.**

4. You are kindly requested to communicate the above to Heads of Schools (Primary & Secondary) falling under your purview and ensure that the above measures are being implemented during PE lessons.

Mrs B. Saddul

For Senior Chief Executive